



At Tritlington First School, we have introduced a PSHE scheme called Jigsaw. Jigsaw combines PSHE, emotional literacy, mindfulness, social skills and spiritual development.

Jigsaw is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time. This enables each Puzzle to start with an introductory assembly, generating a whole school focus for adults and children alike. There is a Weekly Celebration that highlights a theme from that week's lessons across the school, and encourages children to try to reflect that learning in their behaviour and attitudes.

Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

There are six Puzzles (half-term units of work) each with six Pieces (lessons). Every year group studies the same Puzzle at the same time (sequentially ordered from September to July), allowing for whole school themes and the end of Puzzle product, for example, a display or exhibition (like the Garden of Dreams and Goals) to be shared and celebrated by the whole school. Each year group is taught one lesson per week and all lessons are delivered in an age- and stage-appropriate way so that they meet children's needs. The different puzzle pieces are:

The Jigsaw Puzzles (units)

1. Being Me In My World
2. Celebrating Difference
3. Dreams and Goals
4. Healthy Me
5. Relationships
6. Changing Me

A purple banner with the text 'The Jigsaw Puzzles (units)' and a small puzzle piece character. Below the banner is a list of six puzzle pieces, each with a corresponding number and title. The puzzle pieces are: 1. Being Me In My World (blue), 2. Celebrating Difference (red), 3. Dreams and Goals (green), 4. Healthy Me (purple), 5. Relationships (blue), and 6. Changing Me (pink). The Jigsaw logo is at the bottom right.