



# TRITLINGTON C OF E FIRST SCHOOL

## WINTER LUNCH MENU 2023



|                           | MONDAY                      | TUESDAY                                      | WEDNESDAY                 | THURSDAY                            | FRIDAY             |
|---------------------------|-----------------------------|----------------------------------------------|---------------------------|-------------------------------------|--------------------|
| W<br>E<br>E<br>K<br><br>1 | Meatballs with pasta shells | Chicken Curry with Rice Or Baguette Sandwich | Mince & Yorkshire Pudding | Pizza Baguette Or Lentil & Veg Soup | Hot Dog            |
|                           | Jacket Potatoes             | Herb diced potatoes                          | Fish Cake                 | or Sandwich                         | or Fish            |
|                           |                             | Cous cous salad                              | Roast Potatoes            | New potatoes                        | Chips              |
|                           | Seasonal Veg                | Seasonal Veg                                 | Seasonal Veg              | Seasonal Veg                        | Beans              |
|                           | Salad Bar                   | Salad Bar                                    | Salad Bar                 | Salad Bar                           | Salad Bar          |
|                           | Crusty Bread                | Crusty Bread                                 | Crusty Bread              | Crusty Bread                        | Crusty Bread       |
|                           | <b>DESSERTS AND DRINKS</b>  |                                              |                           |                                     |                    |
|                           | Homemade Biscuit            | Apple Crumble with Custard                   | Chocolate Brownie         | Chocolate Chip Muffin               | Jelly or Ice Cream |
|                           | Fruit or Yoghurt            | Fruit or Yoghurt                             | Fruit or Yoghurt          | Fruit or Yoghurt                    | Fruit or Yoghurt   |
|                           | Water or Milkshake          | Water or Milk                                | Water or Milk             | Water                               | Water or Milk      |
|                           |                             |                                              |                           |                                     |                    |



# TRITLINGTON C OF E FIRST SCHOOL

## WINTER LUNCH MENU 2023



|                                       |  | MONDAY                     | TUESDAY                  | WEDNESDAY        | THURSDAY            | FRIDAY             |
|---------------------------------------|--|----------------------------|--------------------------|------------------|---------------------|--------------------|
| <b>W<br/>E<br/>E<br/>K<br/><br/>2</b> |  | Mince & Dumplings          | Chicken Korma            | Roast Dinner     | Pasta Bolognese     | Fish Fingers       |
|                                       |  | Fish Cakes                 | Jacket Potato            | or Jacket Potato | Tuna or Cheese melt | or Chicken Goujons |
|                                       |  | Creamed Potato             | With rice                | Roast Potato     | -----               | Chips              |
|                                       |  | Seasonal Veg               | Seasonal Veg             | Seasonal Veg     | Seasonal Veg        | Peas / beans       |
|                                       |  | Salad Bar                  | Salad Bar                | Salad Bar        | Salad Bar           | Salad Bar          |
|                                       |  | Crusty Bread               | Crusty Bread             | Crusty Bread     | Garlic Bread        | Crusty Bread       |
|                                       |  | <b>DESSERTS AND DRINKS</b> |                          |                  |                     |                    |
|                                       |  | Angel whip                 | Iced Sponge with custard | Fruit Jelly      | Cheesecake          | Biscuit            |
|                                       |  | Fruit or Yoghurt           | Fruit or Yoghurt         | Fruit or Yoghurt | Fruit or Yoghurt    | Fruit or Yoghurt   |
|                                       |  | Water or Milk              | Water                    | Water or Milk    | Water or Milk       | Water or Milk      |



# TRITLINGTON C OF E FIRST SCHOOL WINTER LUNCH MENU 2023



|          | MONDAY                           | TUESDAY                   | WEDNESDAY        | THURSDAY                     | FRIDAY                     |
|----------|----------------------------------|---------------------------|------------------|------------------------------|----------------------------|
| <b>W</b> | Chilli Con Carne                 | Fish Fingers              | Roast Dinner     | Pork Hot Pot                 | Pizza<br>Baguette          |
|          | or Cheese /Tuna<br>wrap          | or Oven baked<br>Sausages | or Jacket Potato | or Sandwich<br>& Soup        | or Fish                    |
| <b>E</b> | with rice                        | Creamed Potato            | Roast Potatoes   | Wedges                       | Chips                      |
|          | Seasonal Veg                     | Seasonal Veg              | Seasonal Veg     | Seasonal Veg                 | Spaghetti<br>Hoops or Peas |
| <b>E</b> | Salad Bar                        | Salad Bar                 | Salad Bar        | Salad Bar                    | Salad Bar                  |
|          | Crusty Bread                     | Crusty Bread              | Crusty Bread     | Crusty Bread                 | Crusty Bread               |
| <b>K</b> | <b>DESSERTS AND DRINKS</b>       |                           |                  |                              |                            |
|          | Chocolate<br>Sponge &<br>Custard | Flapjack                  | Frozen Yoghurt   | Apple sponge<br>with custard | Biscuit                    |
| <b>3</b> | Fruit or Yoghurt                 | Fruit or Yoghurt          | Fruit or Yoghurt | Ice Cream Roll<br>or Fruit   | Fruit or<br>Yoghurt        |
|          | Water or Juice                   | Water or Milk             | Water or Milk    | Water                        | Water or Juice             |
|          |                                  |                           |                  |                              |                            |