## ILLNESS AND ABSENCE PERIODS

Please find below a list of illness and their required absence periods:

| Chicken Pox | Until rash has crusted over |  |
| :---: | :---: | :---: |
| Cold | Until better |  |
| Cold sores | None | Avoid kissing and contact with the sores. Cold sores are generally mild and selflimiting. |
| Conjunctivitis | None |  |
| Diarrhoea/Sickness | 48 hours from last episode |  |
| German Measles | 4 days from onset of rash |  |
| Glandular Fever | None |  |
| Hand, Foot and Mouth | None |  |
| Headlice | None | Only treat if live lice have been seen |
| Influenza | Until recovered |  |
| Impetigo | Until lesions are crusted and healed, or 48 hours after commencing antibiotic treatment | Antibiotic treatment speeds healing and reduces infectious period |
| Measles | 4 days from onset of rash |  |
| Mumps | 5 days after onset of swelling |  |
| Ringworm | None |  |
| Scabies | After first treatment | Household and close contacts require treatment |
| Scarlet Fever | 24 hours after start of antibiotic treatment |  |
| Slapped Cheek | None once rash has developed |  |
| Tonsillitis | None |  |
| Whooping Cough | 48 hours from commencing antibiotic treatment |  |
| Yellow Jaundice (Infectious Hepatitis) | 7 days after onset of jaundice |  |

Could we please stress that the exclusion period from school if your child has sickness and / or diarrhoea is 48 HOURS. This applies to all children regardless of the amount of times or reasons for vomiting. The wellbeing of our pupils and staff is paramount so it is important that we avoid the spread of this nasty bug, therefore we have to adhere to this timescale at all times; no exceptions will be made.

Please inform the School Office if your child is absent from school due to illness. This can be done by ringing school on 01670787383 and leaving a message on the answer machine or email the school office on admin@tritlington.northumberland.sch.uk

These exclusion periods have been taken from the Public Health Agency's 'Guidance on infection control in schools and other childcare settings‘ March 2017.

