



Tritlington Church of England Aided First School

Tritlington, Morpeth, Northumberland, NE61 3DU

Tel: 01670 787383

Dear Families,

Peace Garden

We are delighted to finally be able to tell you about a dream we have to create a peace garden in the grounds of Tritlington First School.

What is a peace garden?

A peace garden is a place where children and adults can sit quietly and enjoy the peace and calm of their natural surroundings to help escape the hustle and bustle of today's world. A quiet space where children can feel grounded, safe and calm. This is an inclusive project which supports mental health, provides time for reflection, thought and deepening of spirituality.



As joint headteachers of Tritlington School we feel strongly that while we are charged with ensuring academic success, we also take a **holistic approach ensuring we support and nurture pupils' wellbeing too.**

The peace garden will be very similar to a sensory garden, working on the basis that it will stimulate the primary senses – namely; touch, sight, smell, sound and taste.

Funding

We are extremely grateful for the support of our school PTA, local companies, charities and parish councils which has enabled us to begin work on this project. If you would like to donate or you know of any businesses that support community projects please do get in touch with us.

How can you help?

To help our budget stretch as far as possible we are asking for any types of donations please. This could be in the form of plant donations or giving up your time to help us plant!

We are looking for plants that will awaken all of the senses, highly scented and fragrant shrubs and flowers which will give a plethora of different smells, such as lavender, sage, chives etc.

If you are able to purchase a plant or two for us, or source something from your own garden, it really would be greatly appreciated.

Phase 1 - Grounds work - The grounds work has already begun, we hope you enjoy watching how it progresses as much as we will!

Phase 2 - Planting - We will inform you of community planting days planned, which we hope as many people as possible will be able to attend to support this amazing project.

We would like to take this opportunity to thank you for your ongoing support helping Tritlington School "Let it's Light Shine Bright!"

Kind regards,

Mrs O'Dell & Mrs Stephenson Joint Headteachers