



## **Tritlington Church of England Aided First School**

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Dear Parents and Carers,

As part of your child's education at Tritlington C of E First School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

In 2019, new government regulations made Relationships Education and Health Education compulsory for all pupils receiving primary education. Personal, Social, Health and Economic Education (PSHE) also continues to be compulsory.

In each year group pupils will learn about: Families and people who care for me; caring friendships; respectful relationships; online relationships and keeping safe. Pupils will also have the opportunity to ask questions for which we will provide suitable and child appropriate answers. If you would like to find out more about what your child will be learning in these lessons, please refer to pages 20, 21 and 22 of the government's statutory guide:

[Relationships & Health Education Statutory Guidance](#)

Guides for Schools & Parents:

[Relationships, sex and health education: guides for parents](#)

Following the introduction of this new statutory curriculum, all schools are required to have in place a written policy for Relationships and Health Education (RSE) and primary schools are required to define any sex education that they choose to teach. Parents have the right to withdraw their child from any sex education that is taught within the context of PSHE/RSE.

Our policy for PSHE/RSE is attached to this email. The policy details how Tritlington First School will ensure all aspects of the statutory curriculum are covered in our school and also defines how our Year 4 pupils will be introduced to sex education through the context of 'changing bodies'.

As a school community we are committed to working in partnership with parents and welcome any parental feedback in relation to our PSHE, relationships and health education programme. If you would like to find out more or discuss any concerns, please contact us directly using the school email address: [admin@tritlington.northumberland.sch.uk](mailto:admin@tritlington.northumberland.sch.uk)

Kind regards,

J O'Dell & K Stephenson